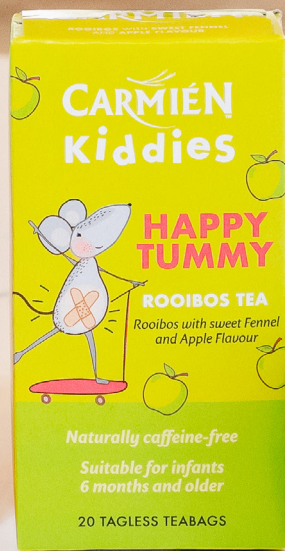


# CARMIÉN™

Rooibos tea



## CARMIÉN KIDDIES HAPPY TUMMY



**Kiddies Happy Tummy is a safe, effective, digestive blend of rooibos with ground flaxseed and fennel.**

- A natural herbal combination to gently help relieve constipation
- Rooibos and chamomile are naturally soothing and help to relieve stomach cramps
- Hibiscus also helps to decrease spasms
- Very tasty with a refreshing apple flavour

**Ingredients:** Rooibos, Ground flaxseed, Chamomile herb blend (Chamomile, Rosehip shells, Hibiscus flowers), Spearmint, Fennel, Apple flavouring.

### HOT BREW TEA

Use 1 teabag for every 8 fl. oz **boiling water** using a cup, bottle or teapot. Steep 5-10 min or to taste. Enjoy with or without milk.

**DO NOT ADD SALT OR SUGAR.**

Best enjoyed at 140° F. Hot brewed tea chilled, makes a delicious ice tea.

**Important notice: Take care not to serve tea too hot to children.**



### COLD BREW TEA

Use 2 teabags for every 8 fl. oz **cold water** using a jug, bottle or travel cup. Steep for 10 min. Leave teabags in. Refrigerate and use within 24 hours.



### UNIT SIZE

20 tagless pillow teabags  
50 g/1.76oz

### SHIPPER/OUTER SIZE

6 x 20's/50 g units