

# CARMIÉN™

Rooibos tea



## CARMIÉN REVIVE



**Carmién Revive is a stimulating blend of green rooibos, ginger and chilli.**

- Your summer energising or perfect warming winter tea
- Chilli is high in Vitamin C
- Ginger helps with morning sickness and nausea. Together they stimulate circulation
- Green rooibos leaves are specially treated to prevent oxidation, which gives you a lighter bodied brew and higher natural antioxidant levels

**Ingredients:** *Green rooibos, ginger and chilli.*

### HOT BREW TEA

Use 1 teabag for every 250ml **boiling water** using a cup, or teapot. Steep 5-10 min or to taste. Enjoy with or without milk, sugar/honey or slice of lemon.

Best enjoyed at 60° C.

**Important notice:** Take care while working with boiling water.



### HOT BREW ICE TEA

Use 1 teabag for every 250ml **boiling water** using a jug. Steep 10 min or more.

For a stronger infusion steep overnight and/or add extra teabags. Remove teabags and chill. Serve with ice. (Optional: add fruit juice, mint and/or lemon to taste).



#### UNIT SIZE

20 tagless pillow teabags  
40 g/1.41oz

#### SHIPPER/OUTER SIZE

6 x 20's/40 g units